

APPROVED
Overeaters Anonymous
Greater Detroit Intergroup
Meeting Minutes
Jan. 22, 2022

Call to order

The regular OA Greater Detroit Intergroup Meeting was held Jan. 22 as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

Roll Call

Board Members and Committee Chairs Present:

Pamalar, vice chair; Keri C., recording secretary; Barbara D., corresponding secretary; Carol U., newsletter; Sue S., 12 Steps Within; Verna K., Helpline; Lynn H., treasurer; Pina, webmaster; Bobbi S., PI/PO; Frank, speaker/sponsor.

Group Representatives and Guests Present:

Paula, Friday Ferndale; Carole Ann, Plymouth; Carol U., Saturday St. Mary's Livonia; Verna K., Surrender to Win Wed. night; Susie Y, Monday 7 p.m.; Sharon H., Living the Solution; Irene, Garden City; Pina, Celtic Cross; Mary B, Julie G., Rosemary M., visitors

Officer and Committee Chair Reports

Keri C., recording secretary: Minutes from Nov. 27, 2021 meeting were corrected and approved.

Pamalar B., vice chair: No report at this time.

Lynn H., treasurer:

11/30/2021

Cash

Checking: \$11,675.29

Savings: \$9,081.50

YTD Contributions

Actual: \$3,145.40

Budget: \$5,250.00 (6 months) (below what was budgeted, may need to discuss*)

YTD Net Income

Actual: (\$1,448.79) Negative income due to rent and phone paid in advance.

***Gave \$5,000 to WSO and Region 5 on Jan. 23, 2021 – sent \$3,000 to WSO and \$2,000 to Region because of excess funds. Voted and approved.**

12/31/2021

Cash

Checking: \$11,181.09

Savings: \$9,081.50

YTD Contributions

Actual: \$4,242.40

Budget: \$6,125.00 (7 months)

YTD Net Income

Actual: (\$1,998.09) Negative income due to rent and phone paid in advance.

Annual audit paperwork is ready. Need two volunteers with about 2 hours of time.

Barbara D., corresponding secretary: Here are some meeting changes:

- Due to security reasons, the new access number for the 10 a.m. Tuesday and Friday Windsor meetings is (844) 2553 0534. Delete the old meeting number. We will NOT publish the passcode. People must call Pat K. at (519) 995-9235 or email oawindsoron@gmail.com to receive the passcode.
- Meeting change because of Zoom bombing. To maintain anonymity, the 6:30-7:30 p.m. Tuesday online Living in Recovery Literature Study in Fenton now requires registration in advance at [https://us02web.zoom.us/meeting/register/tZMrf-utrDkqG9Qr1VFqbq3w344DqnskDJox](https://us02web.zoom.us/join/https://us02web.zoom.us/meeting/register/tZMrf-utrDkqG9Qr1VFqbq3w344DqnskDJox) Your one-time registration will provide details and access to all our weekly meetings. Teri: (810) 523-1411.

GDI email addresses for the board and committee chair members were sent out. Face-to-face meetings sent out on new meeting list.

Julie G. asks: Who updates OA.org list from us? Barbara says she tries to do it, but in flux.

Standing Committees:

Bylaws: Position open.

Finance: Position open.

Verna K., Helpline: 11/24/21 - 1/19/22

- 4 calls inquiring about OA*
- 1 text inquiring about OA
- 5 wrong numbers (no messages left), spam/sales calls

*All callers/texts inquiring about OA referred to oagreaterdetroit.org for more information than I gave in our conversations. People new to OA were sent a "Where Do I Start" newcomer pamphlet.

Verna K., Literature: Low on BB. No FT or VOR. Lot of 12 and 12s, lots of newcomer pamphlets and others. She left a report of what was taken. She asks if we need to order more – that will be

new business for next meeting. Bobbi offered to meet people at the office if Verna is too distant. She has an office key.

Carol U., newsletter: The January/February issue of Loveline was released Dec. 30. Thank you to everyone who submitted an article for the last issue. We are always looking for Recovery stories. The deadline for the March/April issue is Feb. 10, but recovery stories are welcome at any time. The theme for the next issue is: "The Bondage of Self — What is Freedom for You?"

Irene R. has been a welcome addition to the Loveline Committee. Thanks to Mara for designing and formatting all the newsletters.

Please send articles to: llnewsletter.editor@gmail.com. Your article will be in whatever is the next upcoming Loveline.

Office manager: position open

PI/PO: Bobbi S.: Due to personal reasons and time constraints, I am unable to continue as the committee chair for Public Information as of today. I researched and have information regarding TV and newspaper opportunities for the fellowship that I can pass along to a new chair. I am also open to assisting on a committee but cannot continue in the capacity as the chair. We have an ink stamp for our website at the office (www.oagreaterdetroit.org) and our hotline number. Need a committee to follow through; some ideas are costly.

Bobbi has the manual for this position to pass to the next person. Julie thanked Bobbi for her service and hard work doing research for this position.

Region 5 rep: open position

Frank, Speaker Sponsor List: List updated on Jan. 11, 2022. Please report any updates or changes to Frank A, Speaker/Sponsor Chair 810-813-1167 (voice or text). We do not publish email addresses since many include last names or other non-anonymous data. With permission of those listed, the Speaker Sponsor list is posted at oagreaterdetroit.org.

Pamalar asked if he would continue because term is up soon. He Would be glad to transition someone. He can go either way.

Sue S., 12 Steps Within:

The 12 Step Within Committee is presenting an ongoing study of the 12 steps using the AA Twelve Steps and Twelve Traditions book. It is being held the 2nd Thursday of each month through Dec. 8, 2022 from 7-8 pm. We started with Step 12 in December 2021 and did Step 1 on Jan. 13, 2022; next is Feb. 10. We will go through Step 12 in December 2022. Please join us for one or more of these sessions. (Having the AA 12 and 12 book is helpful but not necessary.) Worldwide events coming up:

o Unity Day is Saturday, Feb. 26, 2022.

o Sponsorship Day is the 3rd weekend in August.

Please check out our local website: oagreaterdetroit.org for info on connecting to any of our events. If your group would like to host an event or workshop and would like some assistance, please call or text me, Sue S., at (248) 408-2340. Thanks to Susie Y. and Julie G. for work on the committee.

Pina, webmaster:

Website additions/changes (since 10/20/21)

o Posted updated speaker/sponsor lists (October, November & January)

o Meeting updates: Added the meeting ID after the phone number for the Ferndale Monday through Friday meetings. Updated Saturday St. Margaret of Scotland meeting to indoors. Removed Sunday morning phone meeting at OA office since it closed. Updated phone number for Thursday 8:30 a.m. St. John and Saturday 1 p.m. Garden City meetings

o National Events: Posted a number of National Events, including OA Birthday Party and Roseanne video on early history of OA on Feb. 20.

o Local Events: Added IDEA Day speaker at Celtic Cross Saturday meeting. Posted “Recovery is Living the Steps” workshop. Posted Thanksgiving Gratitude event. Added Jan/Feb Loveline standing info.

To add events to the website and to update any changes in meetings, email (no texts) barton_pa@sbcglobal.net. If someone alerts you of changes they would like on the website, have them contact Pina directly, if possible.

Old Business:

- Discussion on keeping the Detroit OA office open. Circle back in March or April, Pamalar says.
- Combine Helpline/Literature? Susie: Need to look at tradition that says one person can't do everything. Need more people to volunteer for service. Sue: Bylaws say these should be separate. One person has done two before but keep offices separate. Barbara: Need a literature person, Verna is willing, let's do it. Voted unanimously to accept Verna.

New phone for Helpline? Verna got a new charger and problem solved.

New Business: Vote for Vice Chair to fill vacant Chair position. Other open positions: bylaws, PI/PO, office manager, Region 5 rep, finance. Make announcements in meetings about opening. Pamalar willing to take position. Anyone to take this job? No takers. Barbara nominated Pamalar as chair, Susie seconds. 12 voted yes. Passes unanimously. Also Pamalar assumes the Region 5 rep position. Now vice chair is open. She is finishing out Judy's term until this September. Can still do 2 two-year term after.

Meeting Updates:

Paula, Friday Ferndale, stay virtual, going very well. Carol U., Saturday St. Mary's Livonia, will remain virtual; Verna K., Surrender to Win Wed. night, a strong meeting; Susie, Monday WB, remain virtual; up to 14 people, with newcomers, too. Strong, lots of recovery. Pamalar, Detroit Unity will remain virtual, small but consistent. Carole Ann, Plymouth, remains virtual, 3-12 people. Pina, virtual, going strong, 20-25 people, open meeting on 5th Saturday of month, Celtic Cross, Sat. Irene, Garden City, small but carries on. Sharon H., Wed. meeting, going well, 8-9 people.

Next Intergroup Meeting: Saturday, Feb. 26, 2022, at 11:15 a.m. after the Celtic Cross OA meeting.

**Voices of Recovery and For Today were read.
Third Step Prayer was said.
Pamalar adjourned the meeting at 12:42 p.m.**

Minutes submitted by Keri C.