

**Overeaters Anonymous  
Greater Detroit Intergroup  
Meeting Minutes  
July 23, 2022**

**Call to order**

The regular OA Greater Detroit Intergroup Meeting was held July 23 as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

**Roll Call**

**Board Members and Committee Chairs Present:**

Lynn H. (filling in for chair); Carol U., newsletter; Sue S., 12 Steps Within; Pina, webmaster; Verna K., literature and helpline; Lynn H., treasurer; Barbara D., Corresponding Secretary

**Group Representatives and Guests Present:**

Carol U., Saturday St. Mary's Livonia; Verna, Wednesday Living in the Solution; Pina, Sat. 10 a.m. Celtic Cross; Verna, Wed. Surrender to Win Too; Irene, Garden City Meeting, Catherine, visitor; Makeda, visitor.

**Officer and Committee Chair Reports:**

**Keri C., recording secretary:** Minutes from June 25, 2022 meeting were reviewed. There were no corrections; the minutes were approved as-is. Report given by Pina B. in Keri's absence.

**Pamalar B., chair:** In my absence, July Chair report is being read by Lynn H. I attended the OA Region 5 Summer Convention July 16, 2022. This virtual conference was held from 9 a.m.-noon. Attendance was 43 voting reps. I sit on the finance committee: Overall, region 5 finances are in good shape. I will forward a copy of the agenda and the Region 5 Treasure Report to the recording secretary for filing purposes.

I will give a more detailed report in the following month.

**Vice chair:** open position

**Lynn H., treasurer:**

May was the end of the year, so you can see how the year ended.

**5/31/2022**

**Cash**

Checking: \$10,338.84

Savings: \$9,082.02

**YTD Contributions (12 months-budget)**

Actual: \$7, 038.00

Budget: \$10, 500.00 (\$3,462.00) (under budget)

**Expenses:** \$9,329.14

Budget: \$10,500.00 (\$1,170.86) (under budget)

**YTD Net Income**

Actual: (\$2,291.14) Rent and phone paid through June.

Ended the year 67% income compared to budget.

Ended the year with negative net income.

Checking was down about \$1,000 compared to a year ago.

**6/30/2022**

**Cash**

Checking: \$9,602.90

Savings: \$9,082.25

**YTD Contributions (1 month-budget)**

Actual: \$712.00

Budget: \$858.33 (\$146.33) (under budget)

**Expenses:** \$1,344.47

Budget: \$858.33 \$486.14 (over budget)

**YTD Net Income**

Actual: (\$632.47) Rent and phone paid through August

Checking down about \$1,000 compared to a year ago

**Barbara D., corresponding secretary:** I completed the annual Monkey Survey question from Region 5. Attached is the link. All OA members are welcome to comment and participate in this survey. <https://www.monkeysurvey.com/r/KBSCTF5>. Please complete by Sept. 30, 2022.

I reviewed for Tradition breaks and sent out our Loveline to OA members.

My term/s as Corresponding Secretary will end effective September 2022. It's been a pleasure serving OA in this capacity and I look forward to helping the new Corresponding Secretary get settled in. Thank you for allowing me to serve.

**Standing Committees:**

**Bylaws:** Position open.

**Finance:** Position open.

**Verna K., Helpline: 6/22/22 – 7/19/22**

- 2 calls inquiring about OA
- 2 Texts inquiring about OA
- 19 Wrong numbers or no message left, sales/spam calls\*

All callers/texts inquiring about OA referred to oagreaterdetroit.org for more information than

Verna gave in conversations. People new to OA who gave their address were sent a “Where Do I Start” newcomer pamphlet.

**Verna K., Literature: 6/22/22 – 7/19/22**

No change in literature supply from last month. I went to the office to get 10 more “Where Do I Start” pamphlets to have readily available at my home. There were no literature sales this month.

There was mail that had been put under the door, which I sorted. I sent donations to Lynn, disposed of “junk” mail and forwarded three pieces of mail addressed to a different address but delivered to OA.

**Carol U., newsletter:** Carol U did not submit a report prior to the meeting; however, she read it during the meeting.

The July / August issue of Loveline was released June 30. We are always looking for Recovery stories. The deadline for the September/October issue is **August 10**. However, recovery stories are welcome at any time.

The theme for the next issue is: “What 12 Step Slogan/Saying means the most to you?”

We have not been receiving many local article contributions for the last few issues. There’s lots of recovery in the Detroit Area Intergroup. Please share in *Loveline*.

Thank you to Irene and Mara for all your contributions and talent on the Loveline Committee. My 2 two-year terms are up, so the Loveline Chair position is “Open” in September.

Please send articles to: [llnewsletter.editor@gmail.com](mailto:llnewsletter.editor@gmail.com). Your article will be in whatever is the next upcoming Loveline.

**Office manager:** position open

**PI/PO:** position open

**Region 5 rep, Pamalar:** See chair report above.

**Frank, Speaker Sponsor List:** Frank did not attend the meeting. Written report submitted is as follows. The Speaker Sponsor report included a sheet listing current speakers/sponsors. This will be uploaded to the website. Please report any updates or changes to Frank A, Speaker/Sponsor Chair 810-813-1167 (voice or text).

**Sue S., 12 Steps Within:**

Please join us on Thursday, Aug. 11, 2022, 7-8:30 p.m., for our ongoing step study using the AA 12 and 12 book. We will be on Step 8. You need not be at every step study to partake in this. Having the AA 12 and 12 book is helpful but not necessary. These studies are generally held on

the 2nd Thursday of each month through December 2022. See [oagreaterdetroit.org](http://oagreaterdetroit.org) for info on connecting to these events under the local events tab.

Sponsorship Day is celebrated worldwide on the 3rd weekend in August. Go to [region50a.org](http://region50a.org) for upcoming Sponsorship workshops.

If you would like a service position that is very interesting and fulfilling, there will be an opening for the 12 Step Within Chair in September. If this is something that you would like to pursue, (the only requirement is 1 year of abstinence), please contact Pamalar, our Intergroup Chair. Any questions regarding this position, don't hesitate to call me at 248 408-2340.

If your OA group would like an event hosted at your meeting and would like our assistance, please call or text me, Sue S., at 248-408-2340.

**Pina, webmaster:** Pina did not submit a report prior to the meeting; however, she read it during the meeting:

Website additions / changes (since my last report on 6/25/22)

- Updated Sunday night Ascension Hospital 6:30 pm meeting to be In-Person only
- Added information on main page about who to notify to post meeting changes
- Posted Approved May 2022 Intergroup Meeting Minutes
- Posted Notice for 8/27/22 Intergroup monthly meeting
- Posted latest speaker/sponsor list dated July 22, 2022
- Requesting events be added to the website or for any changes to meetings, please send me an email: [barton\\_pa@sbcglobal.net](mailto:barton_pa@sbcglobal.net) with information.
- My two- year term as webmaster will be ending Sept 2022. I have been honored to fill this position. I would be happy to train a new person who is interested in this service opportunity. If no one is interested in taking on this role, I am willing to continue for another term.

### **Old Business:**

### **New Business:**

Lynn suggested that the meeting dates/times/sign-in info be added under the Intergroup Tab on the website. She also suggested that Service Opportunities be listed under the Intergroup Tab on the website. Pina said that she posts the upcoming Intergroup meetings under the "Local Events" tab for each month, but she can also post it under Intergroup for additional visibility. Pina mentioned that the Elections information on the website is a letter from Sue when she was chairperson and needs to be updated. Pina will get with Pamalar to see what verbiage Pamalar would like to include. Lynn suggested that the title "Elections" on the drop-down be changed to "Service Opportunities" to clarify and because we don't have candidates for all positions. Pina will also include a description of the service position responsibilities in this section. Open positions are listed in the Chair Report. The By-Laws and Loveline have a description of the responsibilities and qualifications. Barbara has sent the By-Laws out to everyone in the past. It was also suggested that we post the By-Laws as a category under the Intergroup tab so they are readily referenceable by anyone. Sue S. mentioned that we have not

had a By-Laws committee chair for a while and that the By-Laws are outdated and need to be updated before they are posted.

Barbara mentioned that when we were in person the reports were on a table in the meeting room. Now that we are virtual, they are emailed. Barbara requests they be sent to her and provides a deadline, but says it is difficult when people are not on time. It would be helpful for people to meet the deadline. As the IG meetings are virtual, Lynn suggested that if people miss the deadline that they email the reports directly to the committee and board members, using the emails listed on the agenda. Barbara said the by-laws state that each chair has to submit a written report, but the by-laws do not state that they have to be distributed by the corresponding secretary. It will be up to the next corresponding secretary to decide if they will continue to distribute reports.

### **Meeting Updates:**

Verna K., Representing Wed Night Surrender to Win. Will stay virtual. Doing well. Have had some newcomers. Irene, Garden City meeting is Telephonic and looks to remain that way near future. It's small but steady. We welcome visitors. Carol U., St. Mary's Hospital Saturday morning. All going fine. Still virtual, haven't heard from the hospital for going back in-person. Meeting good. Some newcomers have been coming back. Pina, Celtic Cross meeting is steady about 15-20 people. Still virtual. Some difficulty filling service roles. Group Conscience has been changed to quarterly. This is a 5<sup>th</sup> Saturday month so there is an open meeting on 8/30. There will be a speaker. Lynne, Saturday morning Grand Blanc 10 a.m. meeting. Have been meeting in person for a few months; it's been nice. Church is nice and room is comfortable. 4-5 members. Could use more members. Verna mentioned that this meeting still shows virtual on website. Pina will update and Barbara will check oa.org. Barbara, Monday night Unity Big Book meeting. Good participation. Once in a while a newcomer comes on.

**Next Intergroup Meeting:** Saturday, Aug. 27, 2022, at 11:15 a.m. after the Celtic Cross OA meeting.

**Voices of Recovery and For Today were read.  
Third Step Prayer was said. (p. 30 BB)  
Lynne H. adjourned the meeting at 12:28 p.m.**

**Minutes submitted by Pina B.**

