

**Overeaters Anonymous
Greater Detroit Intergroup
Meeting Minutes
July 24, 2021**

Call to order

The regular OA Greater Detroit Intergroup Meeting was held July 24 as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

Roll Call

Board Members and Committee Chairs Present:

Judy D., Chair, Pamalar, vice chair; Julie G.,(substitute) recording secretary; Barbara D, Corresponding secretary; Carol U., newsletter; Lynn H., treasurer; Sue S., 12 Steps Within; Verna, Helpline; Frank, Speaker Sponsor; Pina B., Webmaster

Group Representatives and Guests Present:

Diana Lee M., Saturday Warren IAAM; Carol U., Saturday St. Mary's Livonia; Verna, St. John's Wed. night; Susie, Monday WB; Makeda, visitor.

Officer and Committee Chair Reports

Julie G., (substitute) recording secretary: Minutes from June 26, 2021 meeting were corrected and approved.

Judy D., Chair: No report. (See Region 5 report.)

Pamalar B., vice chair: No report.

Lynn H., treasurer:

6/30/2021

Cash

Checking: \$10,856.13

Savings: \$9,081.12

YTD Contributions

Actual: \$661

Budget: \$871.50

YTD Net Income

Actual: (\$620.35) Rent and phone are paid in advance.

Barbara D., corresponding secretary: Effective Aug. 10, 2021, the Tuesday night meeting at Hope United Church of Christ will go back face to face. The address is

35127 Garfield Road, Clinton Township the meeting contact is Sue (586) 980-2066. In addition to the virtual meeting, as of July 14, 2021, the Wednesday 10 a.m. meeting at Birmingham Unitarian Church resumed face to face; they meet in the sanctuary. The contact is Rolland V (248) 556-6162. The Tuesday Fenton, 6:30 p.m. meeting has returned to face to face and their new address is 7300 Green Road, Fenton; the contact for both face to face and virtual is Teri P. at (810) 523-1411.

We sent an email out to all the secretaries of record asking that they announce the vacancies here at intergroup.

World Service Convention "Walking In Sunlight" is Scheduled for Aug. 26-28. Registration closes July 30.

Standing Committees:

Bylaws: No report. Position open.

Finance Position: No report. Position open.

Verna K., Helpline: 6/23/21 - 7/20/21

- 5 calls inquiring about OA*
- 3 wrong numbers/spam calls

*All callers/texts inquiring about OA referred to oagreaterdetroit.org for more information than I gave in our conversations. People new to OA were sent a "Where Do I Start" newcomer pamphlet.

Cyndi K., literature/office: not present, no report given.

Carol U., newsletter: The July/August issue of Loveline was released June 30. Thank you to everyone who submitted an article! Thanks to Mara (Loveline Committee member) for designing and formatting the newsletter. We are always looking for Recovery articles. The deadline for the Sept.-Oct. issue is Aug. 10. However, recovery stories are welcome at any time. Please send to: llnewsletter.editor@gmail.com. Your article will be in whatever is the next upcoming Loveline.

The Loveline Chair position is open.

PI/PO: Bobbi S. Not present, no report given.

Judy/Region 5 rep: Region 5 Summer Conference

Saturday July 17th 2021

The Conference's total attendance was 32, including 2 from Michigan. This

Assembly does not vote on issues; it presents its proposals to the Fall Assembly.

The Fall Assembly will be Oct. 29-31. It will be virtual.

One of the concerns is the unaffiliated meetings. They want to reach out to these groups to see if they wish to affiliate with Intergroups.

Michigan has 8 unaffiliated meetings.

Region has a Renewal program and suggests when IG's hold retreats may be a good time to do this program. Ann Arbor has done one.

Finance Committee: reviewed the balance sheet. Region 5 has no prudent reserve. They are asking all committees to send in their budget requests.

Region 5 Convention Oct. 2-3, 2021: Dayton, Ohio sponsoring. It will be virtual. To date, they do not have a chair for the convention. There are openings for speakers, workshop leaders; see the flyer for more information. They will have 2 breakout rooms so people have a choice of which meeting to attend. There will be 4 keynote speakers. It will begin Sat. 8:30 a.m. and end at 10 p.m. and will be open Sunday from 8:30 a.m.-12:15 p.m.

Frank, Speaker Sponsor List: Frank submitted the speaker-sponsor list updated July 22, 2021.

Diana Lee said the list is working. She was contacted by another state to speak because they found her name on the list.

Lynn H. said in Frank's report, the OA HOW meeting should be under Debra R.

Sue S., 12 Steps Within:

The Greater Detroit Intergroup 12 Step Within Committee is presenting a Summer Recovery Series entitled "Recovery is Progressive." These are being hosted on the 2nd Monday of the months of July, August and September from 7-8 pm by the W. Bloomfield meeting. The first one was held on July 12, 2021. The speaker shared her experience, strength and hope on Step 10 and its implementation in her life. There were a good amount of attendees.

The next two of the series will be held Aug. 9 on Step 11 and Sept. 13 on Step 12. Again, we will have a speaker and time for questions and answers and sharing at each event.

The 12 Step Within Committee is also planning a virtual Fall Retreat. It will be held Oct. 24 from 10am ET – 4pm ET. It is in the early planning stages. More information to come.

Please check out our local website, www.oagreaterdetroit.org, for any of our future events.

If your group would like to host an event or workshop and would like some assistance please call or text me, Sue S., at (248) 408-2340.

Pina, webmaster: No report. However, she has posted Events and Loveline. If you hear of any changes to meetings, send the info to Pina.

Old Business: None

New Business:

- Open position nominations will occur in August. You can self-nominate. If anyone wants an application, reach out to the IG Board.
- Discussion regarding virtual and hybrid meetings: Sue S remark regarding meetings: Hybrid meetings are considered a single meeting and should be registered as one meeting. If there is a virtual meeting and a face-to-face meeting that occur at the same time, but separately, those need to be registered as two separate meetings.
Judy D. remark: Hybrid meeting policy has been amended. Going forward, hybrid meetings will be registered as one meeting.
- Discussion about the need to update the position start dates in the agenda. Judy D. will update the position dates in the June agenda and update Sue S. position.
- Barbara remark: proposed that we revert to holding elections for committee groups to concur with board voting in September. Judy agreed and asked if anyone objected, no one spoke up.

Meeting Updates:

- Diana Lee – Saturday IAAM meeting voted regarding meeting preference. The preference is to change to a hybrid meeting; if that’s not possible, the meeting will remain virtual. There were no votes to go face to face. Group is going strong and recovery is good!
- Susie – Monday 7 p.m. WB meeting continues to be a virtual meeting until further notice. All is well!
- Sue S. remark – Friday Ferndale – trouble getting speakers, speakers need 30 days of abstinence. If you can speak, call Pam H. 248-398-8930.
- Carol U – St. Mary’s Livonia, Sat. Will remain virtual and discuss f2f in the Fall.

Next Intergroup Meeting: Saturday, Aug. 28, 2021, at 11:15 a.m. after the Celtic Cross OA meeting.

Voices of Recovery and For Today were read.

Third Step Prayer was said.

Pamalar adjourned the meeting at 12:30 p.m.

Minutes submitted by Julie G. substituting for Keri C. (THANKS, Julie!)