

**Overeaters Anonymous  
Greater Detroit Intergroup  
Meeting Minutes  
June 24, 2023**

**Call to order**

The regular OA Greater Detroit Intergroup Meeting was held June 24 as an online/telephone meeting. The meeting began at 11:19 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

**Roll Call**

**Board Members and Committee Chairs Present:**

Verna K., chair; Lynn H., treasurer; Julie G., (filling in for Keri C.) recording secretary; Note: Keri was away, but attended the end of the meeting for the office vote.

Meeting Reps: Mary S., Wed. Living in the Solution; Susie Y., Monday 7pm Shul Mtg.; Sue M., Thursday 1p St. Effrons; Margie G., Tuesday 7p Hope Church of Christ; Michael, Thursday 7:30 p Rochester; Sue S., Thursday Ferndale 10:05 virtual; Carol T., Wednesday 8am Livonia in person; Irene R., Saturday Garden City 1p in person/phone; Judy D., Sinai Saturday 10:30 phone mtg.; Carol U.; Saturday Surrender to Win 10am; Jennifer M., Wednesday Birmingham 10am; Lucia N., Marysville Library 11a Wednesday in person; Paula M., Friday 10:05 Ferndale virtual; Angela L., Sunday noon in-person meeting at the OA Office in Southfield; Ira H., 7:30 Wednesday Surrender to Win

Guests: Joanna, Francis D.

**Officer and Committee Chair Reports:**

**Recording Secretary, Julie G. (filling in for Keri C): Minutes reviewed from May 20, 2023.**

**Chair, Verna K.: June 2023**

I attended the Region 5 "Chat with Chairs" meeting on June 11. Nine chairs were present.

- Two of the Intergroups briefly talked about surveys they have sent electronically to their members using a free website. They found it useful in

determining how to better know and serve the membership and how to improve carrying the message of OA.

- Several expressed the need for more participation at the Intergroup level. Two chairs talked about their practice as sponsors of suggesting to their sponsees that they participate as a form of service.
- Some Intergroups expressed the need to keep Intergroup meetings as simple and efficient as possible. One mentioned, and several agreed, that they do not read the minutes from the previous meeting at the current meeting. They send it out ahead of time and all are expected to read them. Then, at the current meeting, the question is asked whether there are any objections or changes to the minutes.
- Next meeting is September 17.

I received a phone call from Monica S. She is a member within our Intergroup. She is very interested in working on Public Info. She has several ideas and is eager to get started. I will put her on next month's agenda to speak about it.

**Lynn H., treasurer:**

**5-31-23**

**Cash**

**Checking:** \$7,493.03

**Savings:** \$9,082.93

**YTD Contributions** (11-month budget)

**Actual:** \$8,873.73

**Budget:** \$10,300.00

**Expenses:** \$9,525.32

Total income is 13.8% below budget

**YTD Net Income**

**Actual:** (\$651.59) Rent and phone paid through June

**Summary: Our contributions are less than budgeted by \$1,426. We have paid out \$651.59 more than we have received in donations over 11 months.**

**Corresponding secretary:** open position.

**Standing Committees:**

**Bylaws:** Position open

**Finance:** Position open.

**Helpline: Julie G.,** June 24, 2023

OA Greater Detroit Help Line Report

June 2023

- 48 calls March – YTD. 2 legitimate, 46 spam
- June had 18 total calls, 1 was legit from a person that reported she went to a face-to-face meeting she found on the oa.org website but no one was there and she discovered the meeting had not been f2f since Covid. I spoke with the meeting contact and she was going to see how to correct it on the or.org website.
  - Question: Do we need to audit/update our IG meetings on the oa.org website?

**Verna K., Literature:**

May 21 – June 23, 2023

- \$19 in literature sales to members  
No new literature purchased by Intergroup

**Irene R., newsletter (Loveline):**

The July/August issue of Loveline is being put together with an expected release date at the beginning of July. The theme is: “The Fellowship of OA.” I am grateful to committee members Carol U. for reviewing and editing the articles, and Mara S. for the newsletter’s design. I also appreciate the time and attention of the Intergroup board members for reviewing each issue prior to publication. The theme of the September/October issue is: “Selfishness—The Root of Our Troubles,” but members should feel free to submit articles on any recovery-related topic. The deadline for submitting articles is August 10, 2023. Sharing your Experience, Strength and Hope in the Loveline is 12th Step work, reaching fellow compulsive eaters in a way that no one else can simply by telling your own story. Please send articles to: [lnewsletter.editor@gmail.com](mailto:lnewsletter.editor@gmail.com).

**Office manager:** position open

**PI/PO:** position open

**Region 5:** position open

**Speaker Sponsor List:** position open

12. **Steps Within:** Open position

**Pina, webmaster:** Not present. No report.

## **Old Business:**

OA Office

- Motion made and seconded to vote on whether to close the Southfield OA office
- Discussion occurred. Several members participated. Opinions, facts and questions were discussed. Then the voting commenced starting with meeting representatives followed by IG Officers.
- **Voting results (includes meetings and IG officers)**
  - 12 “Yes”
  - 6 “No”
  - 1 IG Officer abstained
  - 1 meeting had a tie
- **Motion carries, the office will be closed. Landlord requires 3 months’ notice. Will require follow-up discussion on next steps.**

**New Business:** Public Information. This discussion was tabled until next Intergroup.

## **Meeting Updates:**

Susie Y., Monday Shul mtg going strong; Sue S., Thursday Ferndale good recovery; Irene R., Garden City currently a phone meeting planning to add a second in-person; Sue. M., small mtg. going well; Margie, avg. 9-10 members get newcomers going well; Carol Ann, Plymouth mtg going well 5-8 regular attendees; Carol U., Surrender to Win Sat. going well 10 regular attendees will hold a few f2f during the summer; Lucia, Wed. Library good group w/ some newcomers; Jennifer, Wed. Bloomfield Hills, 12-20 people seeing many newcomers; Sharon, Wed., Living the Solution regular attendance is down but lots of recovery.

## **Upcoming Events**

FELLOWSHIP GROUP Events:

Saturday July 29, 2023 In-Person Fellowship Gathering  
10-12 PM

Birmingham Unitarian Church  
38651 Woodward Avenue  
Bloomfield Hills

*Come and learn interesting OA history*

*Hear longtime members share their experience, strength and hope*

*Time for sharing and fellowship*

*Inside/Outside Event weather permitting, bring your lawn chair*

Tuesday August 15, 2023 Virtual Event  
7-8:15 PM

Free Conference Call OA West Bloomfield Line

*Hear our founder Rozanne share her experience, strength and hope*

*Time for sharing with fellows*

Saturday September 30, 2023

All day In Person Event

*Travel to Akron, OH visit Dr. Bob's house and more!*

*Details to follow*

**Next Intergroup Meeting:**

The next meeting will be Saturday, July 22, 2023, at 11:15 a.m. after the Celtic Cross OA meeting.

**Voices of Recovery and For Today were read.**

**Third Step Prayer was said. (p. 63 BB)**

**Verna K. adjourned the meeting at 12:57 p.m.**

