

**Overeaters Anonymous
Greater Detroit Intergroup
Meeting Minutes
Feb. 25, 2023**

Call to order

The regular OA Greater Detroit Intergroup Meeting was held Feb. 25 as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

Roll Call

Board Members and Committee Chairs Present:

Verna K., chair, literature and helpline; Keri, recording secretary; Irene, Loveline editor; Pam H., speaker list (cannot help going forward); Barbara, bylaws. Meeting Reps: Irene, Sat. Garden City; Carole Ann, Thursday, Plymouth; Susie, Wednesday, 10 a.m. (subbing for Mary S.); Sue S., Thursday, Ferndale; Carol U, St. Mary's, Saturday, Surrender to Win. Guests: Julie G., John Carl Faust, Makeda

Officer and Committee Chair Reports:

Recording Secretary, Keri G: Minutes reviewed from Jan. 28, 2023.

Chair, Verna K.:

- Updated meeting list per World Service request is in process.
- World Service Business Conference is April 25-29, 2023, in Albuquerque NM. The registration deadline has been extended to March 17, 2023. This is a face-to-face conference with no option for virtual attendance.
- There is a new print and e-Workbook (downloadable PDF) – “The Twelve Traditions Workbook of Overeaters Anonymous”
- Unity Day is Feb. 26. It is suggested that we pause at 11:30 local time and affirm the strength inherent in OA’s unity. As suggested, this is a good day to reflect on our First Tradition: “Our common welfare should come first; personal recovery depends on OA Unity.” Several Unity Day/weekend events are listed at OA.org.

Vice chair: open position

Lynn H., treasurer: Written reports will come with March report.

Corresponding secretary: open position.

Standing Committees:

Barbara D., Bylaws:

I sent out an email blast along with Verna. We and (World Service) want to clean up meetings to get the correct way they meet — virtual, phone, face-to-face — or to learn if the meeting has closed.

We have received several replies. We have made the changes to clean up meeting information to comply with the World Service (from those meetings who did respond). Verna and Susie Y. made calls to those meetings who did not respond.

I've been receiving calls about the Loveline deadline and request to send Loveline out when it's approved and to forward it.

We have been closing meetings on the OA.org website and issuing corrections for those who need to make a change. We have responded to those who contacted us with questions and concerns regarding this request.

I am working very slowly on the housekeeping of our Bylaws. We have not yet had a Bylaws meeting. On a positive note, we have someone who is willing to be on the committee.

Discussion about how many are required for a quorum. Think 2 officers works, per Sue and Barbara.

Finance: Position open.

Verna K., HELPLINE 1/24/23 – 02/21/23

- 1 calls inquiring about OA
- 0 texts inquiring about OA
- 5 sales/spam calls

All callers/texts inquiring about OA are referred to oagreaterdetroit.org for more information than discussed in our conversations. People new to OA were sent a

“Where Do I Start” pamphlet if appropriate and they are willing to give their address.

Verna K., Literature: 1/24/23 – 02/21/23

No literature sales.

Irene R., newsletter (Loveline):

The March/April draft issue of Loveline is currently under review by the board. As always, I am grateful to committee members Carol U. for reviewing and editing the articles, and Mara S. for the newsletter’s attractive design.

The theme of the May/June issue is: “How has my recovery helped me rely less upon others for my happiness and self-esteem?” but members should feel free to submit articles on any recovery-related topic. The deadline for submitting articles is April 10, 2023.

Sharing your Experience, Strength and Hope in the Loveline is 12th Step work, reaching fellow compulsive eaters in a way that no one else can simply by telling your own story. Please send articles to llnewsletter.editor@gmail.com.

Office manager: position open

PI/PO: position open

Region 5: open position

Pam/Frank, Speaker Sponsor List: No new updates. (Frank told Keri he would keep doing this job another month or two.)

12 Steps Within: open position.

Pina, webmaster: Changes since last meeting 1/28/23

- Loaded approved November 2022 Intergroup Meeting Minutes.
- Added OA Virtual Convention “There is a Solution” March 3-5.
- Added Practicing Step 11 workshop on March 26.
- Removed Saturday OA Meeting at Holy Cross in Livonia – it has closed.
- Removed Wednesday St. John Lutheran-Farmington Hills meeting - it has closed.
- Removed Maplewood Garden City Meeting on Saturdays – it has closed.

- Added Garden City Presbyterian Church on Saturdays. The first Saturday of the month is in person (people can also attend via phone). The other 3 Saturdays are phone only.
- Uploaded current Speaker Sponsor list sent by Frank, dated 2/23/23.

Old Business: Updated meeting list per request from WSO.

New Business: Julie G. will take over for Helpline. Intergroup approved unanimously.

Meeting Updates:

Carole Ann: Thursday, Plymouth: Still conference call and averaging 4-8 people. Good meetings. Last Thursday, people calling in from other states. Exciting.

Carol U: Sat. Surrender to Win, good strong meeting, lots of recovery. Will probably remain virtual.

Irene: Sat. Garden City: Group conscience vote – continue to meet in person 4th Saturday of month in-person. Hybrid, can call into the meeting, too. Rest of time, telephone meeting.

Susie: Wednesday, Living in the Solution, solid group, going well, virtual. All are welcome.

Sue: Thursday, Ferndale, Abstinence book, going well, 6-7 people. All welcome. No face-to-face.

Julie: Monday, WB, staying virtual. Going well. 6-8 people with newcomers. Hit with bombers, but able to manage. Good meeting.

Also, there's a face-to-face meeting noon Sunday at office – 6 regulars, nice meeting.

Barbara: Monday, Unity meeting, numbers down, averaging 5 people. Need support. Wed., 10:05 a.m., Ferndale, BB meeting, 7 people, picking up.

Next Intergroup Meeting: Saturday, March 25, 2023, at 11:15 a.m. after the Celtic Cross OA meeting.

Voices of Recovery and For Today were read.

Third Step Prayer was said. (p. 63 BB)

Verna K. adjourned the meeting at 12:06 p.m.

