

**Overeaters Anonymous  
Greater Detroit Intergroup  
Meeting Minutes  
Oct. 23, 2021**

**Call to order**

The regular OA Greater Detroit Intergroup Meeting was held Oct. 23 as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

**Roll Call**

**Board Members and Committee Chairs Present:**

Pamalar, vice chair; Keri C., recording secretary; Barbara D., corresponding secretary; Carol U., newsletter; Pina B, webmaster; Susie Y. (for Sue S.), 12 Steps Within; Verna K, Helpline

**Group Representatives and Guests Present:**

Diana Lee M., Saturday Warren IAAM; Carol U., Saturday St. Mary's Livonia; Verna K., Surrender to Win Wed. night; Susie, Monday WB; Carole T., Plymouth; Irene R., visitor

**Officer and Committee Chair Reports**

**Keri C., recording secretary:** Minutes from Sept. 25, 2021 meeting were corrected and approved.

**Judy D., Chair:** Not present.

**Pamalar B., vice chair:** On a sad note, Judy has stepped down from Chair due to illness. Judy is happy to receive phone calls -- (734) 782-4212. I will assume the duties of Chair until someone steps up or hopefully Judy will recover from her injuries and take back the position. I will attend the virtual Region 5 Fall Assembly on Oct. 29-31 and I have registered as a delegate to represent OA Greater Detroit Intergroup. That position is open as well.

**Lynn H., treasurer: Not present. Asked to defer questions/info until next meeting.**

**Barbara D., corresponding secretary:** Effective Sept. 26, 2021, Cyndi has resigned as office manager/literature. Her job has her traveling more and not doing the job she wants to do.

On Oct. 2, 2021, Judy stepped down.

On page 18 of bylaws, we will need to vote on proposal for treasurer.

I have sent out all the correspondence received from the Region 5 Corresponding Secretary. I forwarded their information regarding the "One Day Convention" held Oct. 10, 2020, via Zoom

that was originally supposed to be a weekend. I have also sent out flyers for the events held here locally. I received a few phone calls from members inquiring info about face-to-face meetings.

There are no changes to the meeting list.

**Standing Committees:**

**Bylaws:** Position open.

**Finance:** Position open.

**Verna K., Helpline:** 9/22/21 - 10/20/21

- 9 calls inquiring about OA\*
- 5 wrong numbers/spam/sales calls

\*All callers/texts inquiring about OA referred to oagreaterdetroit.org for more information than I gave in our conversations. People new to OA were sent a "Where Do I Start" newcomer pamphlet.

**Literature/office:** Position open (see Barbara's report above).

**Carol U., newsletter:** The November/December issue of Loveline will be released around Nov. 1. Thanks to everyone who submitted an article! We are always looking for Recovery stories. Deadline for the January/February issue is Dec. 10. However, recovery stories are welcome at any time. Irene R. has been a welcome addition to the Loveline Committee. Thanks to Mara for designing and formatting all the newsletters.

Send articles to [llnewsletter.editor@gmail.com](mailto:llnewsletter.editor@gmail.com). Your article will be in whatever is the next upcoming Loveline.

**PI/PO: Bobbi S.:** Not present. No report.

**Region 5 rep:** Position open.

**Frank, Speaker Sponsor List:** He sent a copy of the latest list. For updates, contact Frank by email at [frank@windrush.bz](mailto:frank@windrush.bz) or text: (810) 813-1167.

**Sue S., 12 Steps Within:**

The Twelve Step Within Committee will be presenting a virtual Fall Retreat tomorrow, Sunday, Oct. 24, from 10 am-3 pm. This will focus on the Tools of our Program. There will be speakers, writing and sharing.

On Thanksgiving, Thursday, Nov. 25, from 9-10 am, we will be presenting a meeting that will be held before the Ferndale 10:05 OA meeting. We will focus on gratitude.

There will be a study of the 12 steps using the AA 12 Steps and 12 Traditions book. It will be held the 2nd Thursday of each month from Dec. 9, 2021 thru Dec. 8, 2022, from 7-8 p.m., with one step each Thursday. Having the AA 12 and 12 book would be helpful but not necessary. Please check out our local website: [oagreaterdetroit.org](http://oagreaterdetroit.org) for info on programs. If your group

would like to host an event or workshop and would like some assistance, please call or text me, Sue S., at (248) 408-2340.

**Pina, webmaster:** Added minutes to the website, updated Ferndale conference and 100 pounders meeting to Zoom, added “Thanksgiving Gratitude and Thankfulness” meeting, “Recovery is Living in the Steps” recurring Thursday meetings, “Relationships in Recovery” workshop and 15-week step study workshop (virtual region).

To add events to the website and to update any changes in meetings, email (no texts) [barton\\_pa@sbcglobal.net](mailto:barton_pa@sbcglobal.net). If someone alerts you of changes they would like on the website, have them contact me directly, if possible.

### **Old Business:**

Open positions: chair, office manager, literature, financial, bylaws.

**New Business:** We received \$1,000 refund check from Colombiere.

- Vote on bylaws changes to make Treasurer a PAID position.

Barbara: To be in accordance of bylaws, membership needed to be notified 20 days ahead of the vote. Was sent Oct. 2 to be in compliance. Now must go back and vote again as an amendment. Changes have been made but will be effective today after vote to change bylaws to make treasurer a paid position at \$50/monthly with no term limit. If someone volunteers to do service as this position, we can vote to go back to non-paid, service position.

Will Lynn be counted as an officer and vote? Discussion – Susie says she is an employee and does not have a vote as an officer. Barbara says, as a member, she represents a Fenton meeting and can vote that way but not as an officer.

Verna notes that with the other open positions that only leaves three officers for a voting quorum.

Vote is unanimous to change bylaws regarding treasurer as a paid position without term limits. Lynn is our paid treasurer.

- Pamalar: An idea was proposed to save \$600 a month to have a virtual office rather than a physical space. No meeting there now. Take back to your meetings and discuss, report back next month as to what members think. Do we need to have an office/literature person? Susie: People are ordering their literature from WSO. What does a virtual office mean? Barbara: have copy machine, computer, literature, files in the office. Hoping we will be back to in-person meetings next year. We’re only group in Michigan with an office. Barbara will send out something to general membership with full info. Verna: Logistics of literature? Office operations? Literature doesn’t come overnight – have to go to a website, with postage of \$5 each time. Get back to Barbara or Pamalar in writing about issue. Carol: Feel more discussion is needed. Need more information – contract for rent, when expires, etc.?

**Meeting Updates:**

Diana Lee M., Saturday Warren IAAM, some interest in having face-to-face meetings, but no idea yet how – contact Bobbi S. She will help get that going; Carol U., Saturday St. Mary's Livonia, will remain virtual until further notice; Verna K., Surrender to Win Wed. night, will remain virtual; Susie, Monday WB, remain virtual. Birmingham 10 a.m. went face-to-face. Pamalar, Monday, 7-pm Bethel Meeting, is face-to-face. Detroit Unity will remain virtual. Carole Ann, Plymouth, remain virtual.

**Next Intergroup Meeting:** Saturday, Nov. 27, 2021, at 11:15 a.m. after the Celtic Cross OA meeting.

**Voices of Recovery and For Today were read.  
Third Step Prayer was said.  
Pamalar adjourned the meeting at 12:46 p.m.**

**Minutes submitted by Keri C.**