

**Overeaters Anonymous
Greater Detroit Intergroup
Meeting Minutes
April 23, 2022**

Call to order

The regular OA Greater Detroit Intergroup Meeting was held April 23 as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

Roll Call

Board Members and Committee Chairs Present:

Pamalar, chair; Keri C., recording secretary; Barbara D., corresponding secretary; Carol U., newsletter; Sue S., 12 Steps Within; Verna K., Helpline/Literature; Lynn H., treasurer; Pina B., webmaster

Group Representatives and Guests Present:

Carol U., Saturday St. Mary's Livonia; Verna K., Surrender to Win Wed. night; Susie Y, Monday WB, 7 p.m.; Mary S., Living the Solution, Wed.; Pina, Celtic Cross Sat.; Catherine T., Wed. B'ham; Carol Ann, Thurs. Plymouth; Ginny, Thursday St. Efreem; Bobbi S., Monday Ferndale. Julie G., Alice, Caressa, Makeda, Karen, visitors.

Officer and Committee Chair Reports:

Keri C., recording secretary: Minutes from March, 26, 2022, meeting were corrected and approved.

Pamalar B., chair: It was brought to my attention that April is the month to submit the GDI projected budget for the new year. This has been added as New Business. According to the bylaws, this matter must take precedence over the discussion to possibly close the OA/office. We will continue to have this discussion, should time permit.

Finally, I will be attending my first WSO conference all next week.

Thank you to all for your diligence and wisdom that keeps this organization running quite effectively as I lean into the role of Chair.

Vice chair: open position

Lynn H., treasurer:

3/31/2022 (10 months)

Cash

Checking: \$10,615.53

Savings: \$9,082.02

YTD Contributions (9 months-budget)

Actual: \$5,947.00

Budget: \$8,750.00 (\$2,388.00) (under budget - 53 % should be at 83%)

Expenses: \$7,738.95

Budget: \$8,750.00 (\$243.07) under budget

YTD Net Income

Actual: (\$1,791.94) Rent and phone paid through April.

Lynn said expenses are somewhat less than budgeted. Loss is only \$1,791. Cash flow hasn't changed much. Julie will submit expense for Spring into Recovery Zoom cost to come out of spring retreat funds. Audit was done March 29. Sue S. and Pamalar attended the audit.

Barbara D., corresponding secretary: It's time to report your group information. This is due by May 31, 2022. No longer a registration form. I will have to go through info for 42 meetings to see if things have changed.

Ferndale Monday is now face to face and online. Saturday Grand Blanc is back face to face. St. Efrem is going back face to face Thursday May 4, 2022 at 1 p.m. Meetings that stay virtual will go on oa.org meeting list. There are questions concerning face-to-face meeting/meetings in the OA Office soon – got emails inquiring about a Southfield meeting. Have not heard back. Group list was submitted with report.

Standing Committees:

Bylaws: Position open.

Finance: Position open.

Verna K., Helpline: HELPLINE 3/24/22-4/20/22

- 4 calls inquiring about OA*
- 2 texts inquiring about OA
- 8 wrong numbers (no message left), spam/sales calls

*All callers/texts inquiring about OA referred to oagreaterdetroit.org for more information than Verna gave in conversations. People new to OA were sent a "Where Do I Start" newcomer pamphlet.

Verna K., Literature: No written report submitted. Sold one of 2 OA 12&12s at face-to-face meeting and sent check to Lynn H.

Carol U., newsletter: The May/June issue of Loveline is now in production. It will be released after Board review and approval. It includes much info about open positions. Thanks to everyone who submitted an article for the last issue! We are always looking for Recovery stories. The deadline for the July/August issue is June 10. The theme for the next issue is "What I like best about my Home meeting."

We have not been receiving many local articles for the last few issues. There is much recovery in the Detroit-area Intergroup. Please share in Loveline.

Thanks to Irene and Mara for all your contributions and talent on the Loveline Committee. Please send articles to: llnewsletter.editor@gmail.com. Your article will be in whatever is the next upcoming Loveline.

Office manager: position open

PI/PO: position open

Region 5 rep, Pamalar: No written report submitted. Need an alternate going forward.

Frank, Speaker Sponsor List: The Speaker Sponsor report included a sheet listing current speakers/sponsors. This will be uploaded to the website. Please report any updates or changes to Frank A, Speaker/Sponsor Chair 810-813-1167 (voice or text).

Sue S., 12 Steps Within: Please join us Saturday, May 7, from 9 a.m.-1 p.m. for our virtual ZOOM retreat, "Spring Into Recovery." From 9-noon, there will be two speakers to share on three topics with question and answer time. Topics:

- How to Avoid Relapse
- Tips for Newcomers
- Finding God

From noon- 1 p.m., there will be participant sharing. You must preregister at oagreaterdetroit.org by clicking on the local events tab. You will get a follow-up email in links. There is no cost. You can donate to the 7th tradition, if you choose to.

On Thursday, May 12, 2022, from 7-8 p.m., we will continue our ongoing step study. We will be on Step 5. This is a study of the steps each month through December using the AA 12 and 12 book. You need not be at every step study to partake in this. Having the book is helpful but not necessary. These studies are generally held on the 2nd Thursday of each month. However, note of the following schedule changes:

- Step 6 – Thursday, June 2 - (1st Thursday in June)
- Step 7 – Thursday, July 21 - (3rd Thursday in July)

Sponsorship Day is celebrated worldwide the 3rd weekend in August.

My 2-year term as Chair of the 12 Step Within Committee will be ending this year and I don't plan to renew it. If you would like to give service in an exciting and fun way, please advise Board Chair Pamalar of your interest. If you have any questions regarding this position don't hesitate to call me for more info. To be chair of a committee, you must have a minimum of one year of abstinence.

If your OA group would like an event hosted at your meeting and would like our assistance, please call or text me, Sue S., at 248 408-2340. Keep in mind that your 12 Step Within Committee can help you in hosting an event or workshop. Susie: only 8 people at last workshop, concerned there was so little interest. Please make announcements at your meetings.

Pina, webmaster:

Website additions/changes (since my last report on 3/26/22)

- o Updated the dates for the June and July meetings for the OA Greater Detroit 12 Step Within Step workshops (now June 2 and July 21)
- o Added a new in-person meeting for Ferndale's Monday meeting
- o Posted 2/26/22 approved meeting minutes
- o Posted updated Speaker/Sponsor list data 4/14/22
- o Added new Monday Ferndale in-person meeting
- o Added contact names for several virtual meetings
- o Posted Flyer for OA Virtual Intergroup "2nd Sunday of the Month" Workshops taking place this year.

Requesting events be added to the website or for any changes to meetings:

Send me an email with information to barton_pa@sbcglobal.net.

Old Business: Input from OA Reps and members discussing the future of the OA office/conference room. Input received:

Monday WB: consensus was to close the office. (Susie) 1 abstained, 11 attended, more than 5 voted.

Wednesday Living in Solution: consensus to close the office. (Mary S.) unanimous, 8

Friday Ferndale: consensus keep the office open (Sue S., reporting for Paula) 9 people, 6 open, 1 close, 2 neutral

Detroit: 6 unanimous to keep open (Pam)

10 a.m. Celtic Cross: 5 people voted unanimously to close (Pina)

St. Mary's: 7 people, 4 open, 1 to close, 2 abstained (Carol U.)

Wed. night: 7 people, 2 abstain, 1 open, 4 close (Verna)

Monday Ferndale: 1 for closing, 4 open (Bobbi)

Wed. B'ham in-person, 9-10 a.m.: all agree to keep it open for near-term future (Catherine)

Monday Tue Thurs Ferndale: – no vote, just informed (Sue)

St. Efreem: – consensus of 4, 3 to close, 1 abstain Ginny Sue M.

Note: It's possible that people who go to several meetings weekly may have voted several times.

Discussion followed, with Barbara suggesting we wait until the dust settles on face-to-face meetings, with three meetings coming back in person at the office. We only have 25% of 42 meetings reporting. Pamalar said no decision could be made now, that we would do the three-month rental period and return to this discussion in the next few months. More meetings need to weigh in.

Lynn reports about options from the landlord: We can go to a quarterly lease agreement beginning in May. There's been no raise in rent since 1997 when he bought the building. Smaller offices are \$500 a month, ours is \$600 and would rent for more now. Storage – no place in that building for storage, would need an outside unit, if needed.

There was an appeal to OA members to consider service to fill the above vacant committee positions.

New Business: Annual presentation of the GDI budget, for the new Fiscal Year beginning June 1, 2022 by Lynn H., who proposes two budgets. (Refer to budget sheets she turned in.)

- Budget A: preapproves anything we know we have to pay; anything that comes up not in budget goes back to the Intergroup for approval.
- Budget B: fixed with some flexible costs.

Need to vote on which budget so we can send to meetings for member review.

Question:

Pina: We did make donations to Free Conference Call from Intergroup. According to traditions, we should pay what we think as a donation. Should we build something into the budget?

Lynn: Currently, several months ago, Intergroup decided to pay a set amount to FCC, but that could not be set up as a monthly amount. Comes out of my credit card. It's my contribution.

Vote:

A call for 15 more minutes of discussion was approved.

- Bobbi proposes Budget A. Sue seconds. 3 for Budget A.
- Barbara proposes Budget B. Bobbi seconds. 4 for proposal B.
- 4 abstained.

Budget B passes and will be sent out to meetings by Barbara. Approval vote comes during May Intergroup meeting.

Meeting Updates: No time to update.

Next Intergroup Meeting: Saturday, May 28, 2022, at 11:15 a.m. after the Celtic Cross OA meeting.

**Voices of Recovery and For Today were read.
Third Step Prayer was said.
Pamalar adjourned the meeting at 1:28 p.m.**

Minutes submitted by Keri C.