

**Overeaters Anonymous
Greater Detroit Intergroup
Meeting Minutes
Nov. 27, 2021**

Call to order

The regular OA Greater Detroit Intergroup Meeting was held Nov. 27 as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

Roll Call

Board Members and Committee Chairs Present:

Pamalar, vice chair; Keri C., recording secretary; Barbara D., corresponding secretary; Carol U., newsletter; Sue S., 12 Steps Within; Verna K, Helpline

Group Representatives and Guests Present:

Paula, Friday Ferndale; Carole Ann, Plymouth; Carol U., Saturday St. Mary's Livonia; Verna K., Surrender to Win Wed. night; Julie G., visitor

Officer and Committee Chair Reports

Keri C., recording secretary: Minutes from Oct. 23, 2021 meeting were corrected and approved.

Pamalar B., vice chair: No written report submitted.

Lynn H., treasurer:

10/31/2021

Cash

Checking: \$11,087.37

Savings: \$9,081.50

YTD Contributions

Actual: \$2,667.00

Budget: \$4,375.00 (five months)

YTD Net Income

Actual: (\$1,865.11) Negative income due to rent and phone paid in advance.

Barbara D., corresponding secretary: I reviewed Loveline for tradition breaks and sent it to our membership. I continue to send out, via email, all our flyers from Twelve Steps Within. I made corrections to several meetings on the OA.ORG website. I emailed our updated Bylaws for Greater Detroit Intergroup to all members on record.

I received two phone calls asking about face-to-face meeting on Tuesday night at Hope United

Church of Christ. They are on the telephone only until 2022. I will go through our face-to-face meeting list before the Covid19 virus and edit to show the current status.

Standing Committees:

Bylaws: Position open.

Finance: Position open.

Verna K., Helpline: 10/21/21-11/23/21

- 8 calls inquiring about OA*
- 1 text inquiring about OA
- 2 wrong numbers/spam/sales calls

*All callers/texts inquiring about OA referred to oagreaterdetroit.org for more information than I gave in our conversations. People new to OA were sent a "Where Do I Start" newcomer pamphlet. Verna asked how old the cell phone is? Perhaps time to invest in a new one.

Literature/office: Position open

Carol U., newsletter: The January/February issue of Loveline will be released around Jan. 1. Thank you to everyone who submitted an article for the last issue! We are always looking for Recovery stories. The deadline for the January/February issue is Dec. 10. However, recovery stories are welcome at any time. The theme for this issue is: Acceptance Is the Answer. Irene R. has been a welcome addition to the committee. Thanks to Mara for designing and formatting all the newsletters. The Board should expect to receive the draft for review the last week in December.

Please send articles to: llnewsletter.editor@gmail.com. Your article will be in whatever is the next upcoming Loveline.

PI/PO: Bobbi S.: Not present.

Region 5 rep: No written report submitted.

Frank, Speaker Sponsor List: He sent a copy of the latest list. Please report any updates or changes to Frank A, Speaker/Sponsor Chair 810-813-1167 (voice or text). We do not publish email addresses since many include last names or other non-anonymous data. With permission of those listed, the Speaker Sponsor list is posted at oagreaterdetroit.org and was last updated Nov. 23, 2021.

Sue S., 12 Steps Within:

The Twelve Step Within Committee hosted a virtual Fall Retreat Oct. 24. The focus was on the Tools of our program. There were six speakers along with writing and sharing. IDEA Day (International Day Experiencing Abstinence) was presented at the Celtic Cross meeting on Nov. 20. A speaker shared her recovery of emotional and physical abstinence. Thanks to the "I am a Miracle" meeting for sharing their venue.

On Thanksgiving, Nov. 25, a Gratitude meeting was held before the Ferndale 10:05 a.m. virtual OA meeting.

There will be a study of the 12 steps using the AA Twelve Steps and Twelve Traditions book. It will be held on the 2nd Thursday of each month from Dec. 9, 2021 thru Dec. 8, 2022 from 7-8 p.m. We will start with Step 12 and then go thru steps 1 thru 12 in 2022. (Having the book is helpful but not necessary.)

Please check out our local website: oagreaterdetroit.org for info on connecting to any of our events. Please note the following worldwide events coming up:

- o International Twelfth Step Within Day is observed Dec. 12.

- o OA Birthday is celebrated the 3rd weekend in January.

- o Unity Day is Saturday, Feb. 26, 2022.

- o Sponsorship Day is the 3rd weekend in August.

If your group would like to host an event or workshop and would like some assistance, please call or text me, Sue S., at (248) 408-2340.

Pina, webmaster: not present

Standing info: To add events to the website and to update any changes in meetings, email (no texts) barton_pa@sbcglobal.net. If someone alerts you of changes they would like on the website, have them contact Pina directly, if possible.

Old Business: Discussion on keeping the Detroit OA office open. Verna asked Lynn about the lease – it is from May to May, so under a lease until next May. Pamalar: Monday night group opposed to closing the office. Pamalar – table until next March or April.

New Business: Vote for Vice Chair to fill vacant Chair position. Pamalar – Judy has resigned, I have been assuming duties of chair, but membership needs 30-day prior notification to hold a vote. Will be able to vote at January meeting. Anyone can apply for the position. Pamalar says she is willing to serve in this position. Pamalar asked to add this to the next Loveline.

Discuss investing in a new cell phone for Helpline. Tabled until Jan. meeting.

Verna – I sent a message to board members about picking up the literature from the office. Get requests from Helpline, but I am out of material. If it's OK, I can get it and have a stash at my house. Lynn told me how to sign for it to keep it accountable. Literature goes hand-in-hand with Helpline. Asked if it's OK if she has a key and gets literature? Verna offered to serve both Literature and Helpline positions. Barbara – propose we give Verna the position and a key. Seconded by Sue. Voted unanimously. Thanks to Verna!

Meeting Updates:

Paula, Friday Ferndale, stay virtual, waiting until first of year to discuss. Carol U., Saturday St.

Mary's Livonia, will remain virtual until further notice; Verna K., Surrender to Win Wed. night, a good meeting; Julie (for Susie), Monday WB, remain virtual; little but mighty. Pamalar, Detroit Unity will remain virtual, building not open; good core group. Carole Ann, Plymouth, remain virtual.

Next Intergroup Meeting: Saturday, Jan. 22, 2022, at 11:15 a.m. after the Celtic Cross OA meeting.

**Voices of Recovery and For Today were read.
Third Step Prayer was said.
Pamalar adjourned the meeting at 12:24 p.m.**

Minutes submitted by Keri C.