

***Overeaters Anonymous  
Greater Detroit Intergroup  
Meeting Minutes  
Aug. 26, 2023***

**Call to order**

The regular OA Greater Detroit Intergroup Meeting was held August 26, as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We did have a quorum. Twelve Steps and Twelve Traditions were read.

**Roll Call**

**Board Members and Committee Chairs Present:**

Verna K., chair and literature chair; Lynn H, treasurer; Keri C., recording secretary; Irene R, Loveline chair; Pina, Webmaster

**Meeting Reps Present and Meeting Updates:** Mary S., Wed. Living in the Solution, switched to zoom, great meeting; Carol Ann, Plymouth, 5-8 people by phone; Sue M., Thursday, St. Ephrem, 8-9 people in person; Irene R., Saturday Garden City, in-person 1st and 3rd Saturdays, and always by phone; Carol U., Saturday going well, BB study, first Sat. of the month; Jennifer M., Wednesday, Birmingham, 10 am, 12-20 people, many newcomers; Sue S., Thursday, Ferndale, abstinence book, going quite well. Susie Y. Monday Shul meeting. **Guests:** Makeda, Maggie

**Officer and Committee Chair Reports:**

**Recording Secretary, Keri C: Minutes reviewed from Aug. 26, 2023. Minutes amended with 3 minor corrections and approved.**

**Chair, Verna K.: Aug. 2023**

Closing the OA office in Southfield is nearly done. I am grateful Susie Y has taken the lead on this and she and others who have helped

have made tremendous progress. There was much to do, and it is getting done. Susie can report in more detail later.

**Lynn H., treasurer:**

**7-31-23**

**Cash**

**Checking:** \$14,712.28

**Savings:** \$9,082.93

**Actual** (2-month budget)

**YTD contributions:** \$2,249

**Budget:** \$1,656--- \$593.50 over budget

**Expenses: \$1, 671.20**

**YTD Net Income**

**Actual:** \$577.80 Rent and phone paid through August

**Corresponding secretary:** open position.

**Standing Committees:**

**Bylaws:** Position open

**Finance:** Position open.

**Help Line: Julie G.**

OA Greater Detroit Help Line Report

August 2023

- Year to date: 81 calls Mar 2023 – YTD, 10% legitimate calls, 8 legitimate, 73 spam
- August had 17 total calls, 2 legit included looking for face-to-face meeting info and someone looking for a sponsor

**Verna K., Literature:**

Aug. 21

- No new literature sales to members
- No new literature purchased by Intergroup

- Literature from the office is currently with Susie Y and will be taken to the retreat in October unless requested before then. Some will be for sale and some older pamphlets or used books will be offered free. I still have 3 OA 12 & 12s (for sale) and 11 “Where Do I Start?” pamphlets.

**Irene R., newsletter (Loveline):**

The September/October issue of Loveline has an expected release date of Sept. 1. The theme is: “Selfishness—The Root of Our Troubles.” I am grateful to committee members Carol U. for reviewing and editing the articles, and Mara S. for the newsletter’s design. I also appreciate Intergroup board members reviewing each issue prior to publication.

The November/December theme is “Having had a spiritual awakening...” — what is your experience as a believer or non-believer?” But members can submit articles on any recovery-related topic. The next deadline is Oct. 10, 2023. We also welcome flyers about OA-related events to include in the newsletter. Please provide a contact phone number or email for any questions.

Sharing your Experience, Strength and Hope in the Loveline is 12th Step work, reaching fellow compulsive eaters in a way that no one else can simply by telling your own story.

Send articles to: [llnewsletter.editor@gmail.com](mailto:llnewsletter.editor@gmail.com).

**Office manager:** position open

**PI/PO:** Monica S. (read by Verna)

Planning Sept. 9 Open House in collaboration with the Virtual Region @ the Detroit Public Library’s Main Branch

Advertising

- Facebook advertising in Detroit, compliments of the VR
- Poster on the GDI Website to download and share; announced at GDI OA Meetings
- Posters

- 500 color posters (\$90, hopefully will be covered by GDI)
- Posters placed in 1 mental health facility, 1 addiction treatment center, at the main Detroit library, in a few stores and restaurants; given on paper and electronically to members, friends and family
- Half-sheet flyers ready to hand out
- We are working to set up PSAs on various radio stations.

#### Books/Literature

- We have a total of 10 OA12&12's, 8 Big Books and 25 Where do I Start
- A QR Code poster gives the digital version of Where do I Start for people to download at the event and meetings
- Various other documents

#### Sponsors

- We need sponsors for the influx of people expected after the Facebook advertising and open house

Newcomer Face to Face meeting in Detroit -- Need location!

**Region 5:** position open

**Speaker Sponsor List:** position open

**12 Steps Within:** Open position

**Pina, webmaster: Changes made to the website since the last report on 7/17/23**

- Updated Wednesday 10:00 am Ferndale meeting contact to Susanne G.
- Posted event for trip to Doctor Bob's House on Saturday, 9/30/23
- Updated Wednesday Living in the solution 10:00 am meeting from Free Conference Call to Zoom

- Posted event for OA Open House at Detroit Public Library on 9/4/23 hosted by OA Virtual Intergroup and OA Detroit Intergroup

### **Old business:**

1) Should we read minutes at each meeting or just send them ahead of time to officers and committee members? Carol Ann suggested editing down the minutes some and tabling this idea.

2) Office closure: Susie Y.

- 3 computers will be wiped clean; info was put on a flash drive for review.
  - Sunday meeting members took what they wanted and were asked for a monetary donation. People paid me or sent money to Lynn. A few others came but didn't take much. Other items were taken to Salvation Army.
  - On Sept. 1, Habitat for Humanity is coming to take things in good condition and clean. I will be there. What's left are a metal desk, metal hutch, file cabinet and corner desk. A company will pick these up for a charge.
  - The Sunday meeting moved to the Ferndale church.
- Kudos and thanks went out to Susie for organizing. Susie thanked those who helped and said, "The office served us well."

### **New business:**

1) Approval of expenses not on the budget. Lynn H. cited expenses that came in after budget approval.

- P.O. Box fee of \$176 annually
- Zoom at \$158 annually
- New checks for IG, \$275 for 250
- QuickBooks: need new version -- \$7.50 monthly or \$90 for the first year

TOTAL: \$700.47

Lynn made the motion to approve these additional expenses. Keri seconded the motion. Vote passed unanimously with 11 votes.

**2) Should we use Zoom for the IG meeting or stay with Free Conference Call?**

Lynn recommended switching to Zoom (Monica can set up account). Questions: Who should pay? Lynn thought since IG was paying, individual meetings could contribute. Mary S. asked what would happen if a meeting date changed? Verna thought that was doable. Susie Y. asked about the name on the account – the answer was [OAdetroit@gmail.com](mailto:OAdetroit@gmail.com). Lynn moved that the IG switch to Zoom. Susie Y. seconded. The motion passed unanimously with 11 votes. Meetings can use the Zoom account. Lynn H. offered to coordinate. Pina will add the IG Zoom link to the website and post that Zoom is available for meetings to use.

**Upcoming Events**

Were read as part of the minutes, they are available on the website.

**Next Intergroup Meeting:**

The next meeting will be Saturday, Sept. 23, 2023, at 11:15 a.m. on the new Zoom link.

**For Today and Voices of Recovery were read.  
Third Step Prayer was said. (p. 63 BB)  
Verna K. adjourned the meeting at 12:45 p.m.**

